



Criteria

ACF NSW, ACT & Regions: NSW State Final: Secondary Schools Culinary Competition

Each year the Australian Culinary Federation (ACF) conducts a cooking competition for Secondary School Students in each Australian state. The aim of this competition is to give students an insight into the hospitality industry and to identify and encourage students who demonstrate a talent and a passion for cooking.

The competition is open to unlimited entries from each school. If you are in years 10, 11 or 12, enrolled in a Secondary School and are studying either a Hospitality or Commercial Cookery course, then you are eligible to enter.

Winners of the HTN Secondary School competitions from each location will compete to win the state level and then be eligible to compete in the National Secondary Schools Culinary Challenge. The ACF will cover the cost of registration and entry fees. (Schools competing at state or International level will need to cover the cost of their own airfares) The time and location of state, National (August) and international (late September/early October) competitions will be announced in due course.

If for any reason the winning school is unable to continue competing in state and /or international level, the first runner up will be given the opportunity.

Indicative Criteria for the State and National Competitions:

Terms & Conditions of Entry;

Each team must consist of two students comprising of a Team Captain and an Assistant.

Entrants must be enrolled in Secondary School (in years 10, 11 or 12 only) with a finishing date no later than 31st October 2017.

Entrants must be studying a Hospitality or Cookery course.

The ACF will endeavour to secure the services of a professional, qualified Chef who can be allocated to each school where necessary, to assist with mentoring of participating culinary students. This is an important educational aspect of this competition and schools are encouraged to take up this offer.

- Each team must prepare, cook and display a main course for two people on two separate plates within a time limit of 1 hour. They will have 30 minutes to set up (in which time a briefing will be held) prior to the competition starting, and 30 minutes to clean up after the competition. Points will be deducted for late service to a maximum of 10 minutes. Dishes presented after this time will not be judged. Failure to clean up work areas to an acceptable level and within the allocated time frames will also result in points being deducted.
- Students must use 1 x **whole chicken (size 12)** as the main component of their dish. The dish must contain an appropriate starch, vegetable and garnish of your choice. An additional 25 grams of a different protein may be added to each serve. (Total 50 grams)

- Each team is responsible for providing all ingredients needed to create their dish. Vegetables can be peeled prior but no further preparation is permitted. Basic chicken stock will be provided on the day for competitors to use if they wish.
- All competitors must wear full Chef's uniform (hat, neck tie, jacket, black or check pants, apron and kitchen approved shoes)
- Your knives must be clean, sharp and ready for use.
- Standard recipes cards, a preparation list and work flows must be displayed on the day of competition. (these must be prepared by the students and will be marked)
- Recipes must be costed and are not to exceed a total \$12.00 combined for both dishes (Excluding the price of the chicken)
- A minimum of 1 "turned vegetable" item is to be used in each portion.
- A minimum of 1 other precision cut veg to be displayed, e.g. brunoise, macedoine, etc
- A minimum of four (4) accepted cookery methods to be used in preparation and cookery.

Rules

- All ingredients are to be prepared on the day of competition by the competitors. They will be scrutinised on arrival and during the competition. For example:
- Basic stock will be allowed but no glaze reduction. The reduction would have to be made during the time allowed for the competition;
- Vegetables can be washed and peeled but not turned or prepared any further.
- All pastry and dough must be produced during competition time;
- As a guide, it is recommended that total proteins weigh no more than 160 g for each dish and starch represents no more than 60 g of the main course. Any supplementary protein is to be a maximum of 25 g per serve.
- All submitted recipes will become the property of Australian Culinary Federation NSW ACT and Regions and may be used for promotional purposes;
- Any communication between competitors and their respective coaches / teachers during the competition, as dictated by the Chief Judge will result in disqualification of the competitors;
- Competitors must produce two (2) portions of their team's dish as per supporting documents
- Tent Cards must be supplied at the competition with a brief description of the dish.

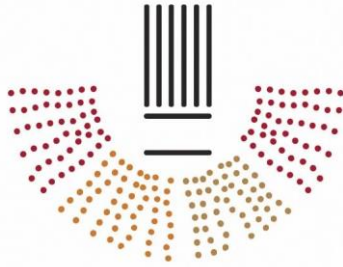
Awards and Prizes:

All Australian Culinary Federation Competitions follow WACS guidelines, this means all competitors start with 100 points and a gold medal. Points will be deducted for incorrect skills and preparation, personal hygiene, taste and flavour of dish, unsafe storage and food handling procedures, and excess wastage.

All Competitors will receive a certificate for their participation in the competition. Gold, Silver and Bronze Medal will be handed out to teams who finish in the follows points brackets:

Gold with Distinction	100 points
Gold,	90-99 points
Silver,	80-89 points
Bronze,	70-79 points

Presentations will be at the completion of the competition. Teams will receive a general de-brief before presentations. If a team requires a more detailed de-brief, judges will make themselves available after the presentations have been held.



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Secondary School's Cooking Competition
Entry Form
(each Team Member to complete)

Name of Team Member:

Address:

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Date of birth:

Telephone Contact Numbers:

Emergency Contact:

School:

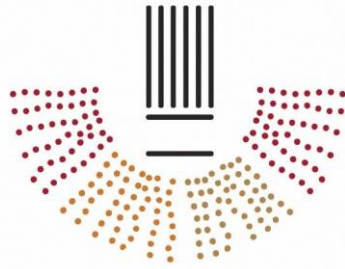
Signature: Date:

A Parent or Guardian must give permission and sign below if the student is under 18 years of age.

I, give permission for

To enter and compete in the Australian Culinary Federation Secondary Schools Cooking Competition.

Parent or Guardian Signature: Date:



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**Secondary Schools Cooking Competition
Permission for Media Release**

(You have the right to refuse to give your permission and this will not impact on your entry in any section of this cooking competition)

I permit / do not permit the Australian Culinary Federation – NSW ACT and Regions to use any photos and details of recipes that have been involved in my entry or entries in this competition.

I permit / do not permit my name and any photographs of myself to be released to the media for promotional purposes.

Team Member's Signature:Date:

Parent or Guardian's Signature:Date:
(if student is under 18 years of age.)



Secondary Schools Cooking Competition **School Entry Form**

**(To be completed by the School the students attend,
And returned with the Entry Forms)**

Name of School:

Address:
.....
.....

Phone: Fax: Email:

Students nominated:

- Competitor's Name (Captain):
- Competitor's Name (Assistant):

Teacher's Name:..... Teacher's Signature:

Date: